

5th ANNUAL

Adult & Pediatric Psychiatry Learning Symposium (APPLS)

*formerly known as
Behavioral Health Clinical Learning Day*

THURSDAY, NOVEMBER 2, 2023
12:00 – 6:30 PM

Primary Children's Hospital

Eccles Outpatient Services Building
81 N Mario Capecchi Dr
Salt Lake City, UT 84113



*In-person
attendance is
encouraged,
though an
option for
virtual
attendance will
be included.*

CONFERENCE PURPOSE

The Behavioral Health Clinical Program is excited to welcome you to the annual Behavioral Health Clinical Learning Day. This year some of the topics will include equity in behavioral health, the impact of social media on the brain, treatment resistant mood disorders, measurement informed care among others.

REGISTRATION

All attendees: \$50

Method of payment: credit card

To register please click [here](#).

If registration assistance is needed, please email ipce@imail.org or call IPCE at 801.507.8470.

COURSE DIRECTORS

Mason S. Turner, MD and Christopher C. Rich, MD

TARGET AUDIENCE

Psychiatrist, Psychiatric APP or other psychiatric prescriber. Other behavioral health providers welcome.

CANCELLATION AND REIMBURSEMENT POLICY

Full (100%) registration reimbursement for cancellation more than 14 days prior to the beginning or the activity. Half (50%) registration reimbursement for cancellation between four (4) and fourteen (14) days prior to the beginning of the activity. No reimbursement for cancellation three (3) days prior to the beginning of the activity.

AGENDA		
Time	Title	Speakers
12:00 PM	Registration & Pick Up Lunch	
12:30 PM	Welcome	Mason S. Turner, MD Lisa L. Giles, MD
12:35 PM	Keynote: Guiding the Smartphone Generation	Jean M. Twenge, PhD Dr. Twenge, Professor of Psychology at San Diego State University, is the author of more than 180 scientific publications and 7 books, including <i>Generations: The Real Differences between Gen Z, Millennials, Gen X, Boomers and Silents—and What They Mean for America's Future</i> . Click here to learn more about Dr. Twenge.
1:35 PM	Strategy & Equity	Mason S. Turner, MD Lisa L. Giles, MD
2:05 PM	Equity Panel: Let's Ask the Community	Lisa Nichols, MSW (Moderator) Javier H. Alegre, BS Evan Done Taryn A. Hiatt, BA Tausoa Mulitalo, BSW
3:05 PM	Break	
3:20 PM	Updating our Approach to Treatment Resistant Mood Disorders	Mark C. Foote, MD (Moderator) Wendy A. Johnson, MSN, PMHNP-BC Katherine King, PharmD, BCPS, BCPP Debra V. McQuade, MD, PhD
4:00 PM	Measurement Informed Care: Making Meaningful Use of the OQ	Gary M. Burlingame, PhD
4:45 PM	Motivational Interviewing	Denise N. Lash, PhD
5:30 PM	Addictions Update	Robert J. Mendenhall, DO
6:15 PM	Closing	Mason S. Turner, MD

Accreditation



Intermountain Healthcare is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA Credit

Intermountain Healthcare designates this live activity for a maximum of 5.50* *AMA PRA Category 1 Credit(s)*.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Credit hours are subject to change and are based on actual learning hours and at the discretion of IPCE*

No commercial support is being received for this event